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## MEDIA RELEASE

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### **SHIRE OF GOOMALLING STAFF SUPPORT BREAKFAST CLUB AT GOOMALLING PRIMARY SCHOOL**

Shire of Goomalling is committed to facilitating one (1) day per week breakfast club sessions at Goomalling Primary School by providing necessary staff resources to make breakfast for the students.

Knowledge is integral to ensure children have a bright future where they can make informed decisions and awareness of their rights as human beings. Children who are disengaged from school can be isolated from society as adults inevitably resulting in drug and alcohol dependence and crime.

Education is the greatest gift you can give a child; it's the chance to become whoever they want to be without limitation. In order to achieve their best they need adequate nutrition to fuel their brains and body for growth.

“Providing a free healthy breakfast within a school breakfast program helps children to achieve their best in the classroom and in the playground.

Breakfast clubs are about more than providing a healthy start to the day. Schools are supported to set up breakfast programs, to provide a safe and welcoming environment where children can sit down and enjoy a nutritious morning meal with others. It is also a place where caring adults can be role models for healthy eating and good hygiene.”<sup>1</sup>

Clem Kerp CEO says “Very pleasing to report as the suggestion came from our dedicated staff and has my total support, it has been identified that breakfast is the most important meal of the day and helping with this initiative will assist with better learning outcomes for all students”

For further information please contact the Shire Office on 08 9629 1101.

**Clem Kerp**  
Chief Executive Officer

1 February 2016